



NCBDE News

A Publication of the National Certification Board for Diabetes Educators

Volume 21, Number 1

NCBDE Mission

To set the standard of excellence
in the profession of diabetes education.

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Message from the Chair

Greetings from Wasilla, Alaska!
As the Chair for 2011, I am excited to share with you a number of major initiatives that the Board of Directors and staff have identified, particularly with respect to broadening recognition of the credential and in facilitating the ability of potential candidates to fulfill our certification eligibility criteria.



Samuel L. Abbate, MD, CDE®, Chair

First, I would like to thank a number of our board members for their volunteer work over the last three years. Following his leadership role as the board's 2010 chair, David Randal, PsyD, LP, CDE® will finish his term on the board as Immediate Past Chair during 2011. We are all grateful for his wisdom and guidance as we completed the transition to new staff leadership, and reorganization of the Board, that was begun in 2009. Karen Bolderman, RD, LDN, CDE® and Rosemary Briars, RN, ND, CPNP, CDE® also completed their terms as directors. Karen's term included service as Chair and Rose's term included service as Treasurer. Their contributions to improving the operations and governance of the

organization have been invaluable. They, have not yet, however, ended their volunteer work. In fact, we have enlisted them to co-chair a special task group that will develop Canons of Ethical Conduct for the profession. Their work should be completed by the end of the year for publication to our certificants.

I would also like to welcome three new members to the Board:

- Carolyn Harrington, RD, CD, CDE® – Certified in 2004, Carolyn is presently Program Coordinator at Aspirus Clinics in Wausau, Wisconsin.
- Kellie Rodriguez, RN, MSN, CDE® – Kellie has been certified since 2009, following her relocation to Miami, Florida from her native country, Australia. She is currently the Director of Patient Education at the Diabetes Research Institute.

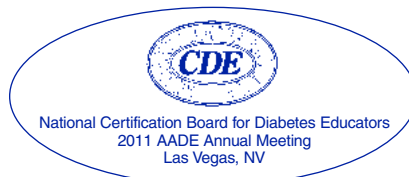


Carolyn C. Harrington,
RD, CD, CDE®

MESSAGE / Continued on page 8

Planning to Attend the AADE Annual Meeting This August in Las Vegas?

Individuals pre-registering by mid- late June should receive their 2011 CDE® Buttons in the mail before the meeting. Buttons will also be available for distribution on a limited basis to late/on-site registrants at the NCBDE exhibit booth (#3037). *Note: Quantities are limited.*



Also – don't forget to complete the ticket attached to the button and drop it off at the NCBDE exhibit booth. Entrants will qualify for a daily drawing. Winners of the drawings will receive a credit of \$250 for use in renewing their certification. See page 8 for the information on the 2010 winners.



Mentorship Program Created

As announced in November, 2010, the National Certification Board for Diabetes Educators (NCBDE), the American Association of Diabetes Educators (AADE) and the American Diabetes Association (ADA) have created the Diabetes Educator Mentorship Program (Program) to promote careers that will lead to a Certified Diabetes Educator® (CDE®) designation and improve access to much needed diabetes self-management education (DSME).

The program began in early 2011 and partners experienced CDE-credentialed diabetes educators with healthcare professionals who are interested in gaining experience in providing diabetes self-management education. The goal is to assist these professionals with meeting the current hours of experience practice requirement for CDE® certification.

At press time, over 43 CDEs had submitted an application to serve as a mentor, with 31 individuals approved to serve as mentors. Seventy-nine mentee applications have been submitted, with 75 individuals being approved to move forward in seeking a partnership with a mentor.

Mentor Eligibility Criteria

The eligibility criteria for mentors are:

- CDE®, in good standing, for 3 years
- Current practice as a Diabetes Educator, providing DSME services
- Other preceptor/mentoring experience
- Practice accredited by Centers for Medicare and Medicaid Services (CMS), e.g., ADA recognition, AADE accreditation, or other program that can demonstrate compliance with national standards
- Agree to complete and submit appropriate Mentor/Mentee monitoring documentation

Interested in Serving as a Mentor?

First, thank you for your interest in serving as a mentor. The application packet is available on NCBDE's web site as a downloadable file – either in pdf or word format. If you would like a hard copy of the application mailed to you, please contact the NCBDE national office.

Mentee Eligibility Criteria

The eligibility criteria for mentees are:

- Meet NCBDE discipline requirements in effect at the time of application
- Volunteer hours must be accrued within a maximum 4 year period immediately prior to applying for certification
- Provide DSME volunteer hours under guidance of NCBDE Mentor
- Accumulate a maximum of 400 volunteer hours of the total 1000 hrs of DSME experience
- Hours provided in practice accredited by Centers for Medicare and Medicaid Services (CMS), e.g., ADA recognition, AADE accreditation, or other program that can demonstrate compliance with national standards

For those interested in participating in the program as a mentee, it is recommended that the individual carefully review the Examination discipline requirements prior to applying to verify that she/he meets that aspect of NCBDE's eligibility criteria.

The application packet is available on NCBDE's web site as a downloadable file in pdf format. For those who would prefer to receive a hard copy version of the application, please contact the NCBDE office.

Listing of Mentors by State (as of 5/2011)

A listing by state of currently approved CDE® mentors is provided below. The listing is also provided on the NCBDE web site in order to provide interested individuals the opportunity to see the number of mentors available in their state and is updated on a regular basis. Upon approval of an individual's mentee application, full contact information for all current mentors is made available for pursuit of a possible partnership. We hope CDEs will take a few moments to review the Program mentor eligibility criteria and consider applying.

NCBDE wishes to thank these CDEs and the other CDEs who have an application under review for their commitment to diabetes education. We also express our appreciation to all the institutions that are supporting the mentors and the Program.

CA

Lou Erin Castillo, RN, CDE®
Diabetes Care Center –
Shasta Regional Medical Center

Jacqueline Thompson, MS, RD, CDE®
Diabetes Health Center

CO

Jean M. Baumann, RN, BSN, CDE®
Penrose St. Francis Health Care System

GA

Sonia Benel, RN, CDE®
Eastside Medical Center

IA

Jane Feldmann, BSN, RN, CDE®
CarePro Integrative Health Clinic

IL

Kelly Cuffe, RD, CDE®
Riverside Medical Center

Sarah Ferguson, RN, ACNS-BC,
CDE®, BC-ADM
The Diabetes Center
of Central DuPage Hospital

Nancy Jerger, RN, RD, CDE®, CPT
St. Joseph Hospital/Resurrection Health Care

Marlene Kelly, RN, CDE®
Sherman Hospital Diabetes Center

Colleen Miller-Owen, RN, CDE®
Central DuPage Hospital Diabetes Center

ME

Carol P. Freshley, RN, CDE®
MidCoast Hospital

MI

Pamela Kay Milan RD, MBA, CDE®
Henry Ford Health System-Outpatient
Diabetes Education Program

Timira Perry, RN, BSN, CDE®
Oaklawn Hospital Diabetes Education

MENTORSHIP / Continued from page 2**NC**

Sara Foreman, RD, LDN, CDE®
Albemarle Regional Health Services

NH

Cheryl Barry, RN, MS, CDE®
Joslin Diabetes Center Affiliate @
Southern New Hampshire Medical Center

NJ

Tracy Egan, RD, CDE®
JFK Medical Center Diabetes Center of NJ

NM

Ruth Bear, RD, CDE®
University of New Mexico Hospital Center
for Diabetes Education

Barbara Macmillan, RN, CNS, CDE®,
BC-ADM
University of New Mexico Center
for Diabetes Education

NY

Molly Bederian, RN, RD, CDE®
Seton Health, Diabetes Education

Carol Carioti, RN, MSN, NP, CDE®
Crouse Hospital Outpatient Wellness Program

Everet E. Owens RN, BSN, MS, CDE®
Sound Shore Medical Center of Westchester

Laura Smith, RN, CDE®
Our Lady of Lourdes Memorial Hospital,
Lourdes Diabetes Center

OH

Brenda Rendelman, RD, CDE®
Central Ohio Diabetes Association

Leigh Russell, RN, MSN, CDE®
Department of Veterans Affairs

OK

Joni Beck, PharmD, CDE®, BC-ADM
OUHSC – College of Medicine OU
Children’s Diabetes Center

PA

Joyce Rudolph, RN, MSN, CDE®
BHS – Diabetes and Health Management

TN

Claire Blum, MEd, RN, CDE®
Partners and Peers for Diabetes Care, Inc.

Carol Carter, RD, CDE®
Wellmont Diabetes Treatment Center

Sherry Ivy, APN, CNS, CDE®
LeBonheur Children’s Hospital

WA

Jennifer Newell, RN, MHA, CDE®
Auburn Regional Medical Center

WV

Anise Nash, RN, FNP-BC, MSN, CDE®
Bruce S. Chertow Diabetes Center

Licensure of Diabetes Educators

Within recent weeks the state of Kentucky has passed, and the governor has signed, legislation that will require the licensure of diabetes educators who provide DSME/T services within the state. The NCBDE Board of Directors, in evaluating this legislation, has adopted the following policy statement on licensure:

Statement on Licensure of Diabetes Educators

The National Certification Board for Diabetes Educators (NCBDE) believes that the provision of Diabetes Self-Management Education/Training (DSME/T) should be vested in health care professionals who have fulfilled requirements for NCBDE certification as Certified Diabetes Educators® (CDE®). Furthermore, NCBDE believes that a state which, in its wisdom, has determined a diabetes educator licensure law is necessary to protect the health and welfare of its citizens, should also embody similar requirements.

Therefore, should such licensure initiatives be undertaken by a state, the NCBDE will advocate that the law include the following:

A licensed health care professional, providing DSME/T within his/her licensed scope of practice, may optionally obtain licensure but would not be required to do so.

- An applicant that holds a CDE® certification, in good standing, would automatically qualify for licensure.
- Educational requirements for non-licensed or non-certified applicants should include completion of diabetes education program(s) sponsored by any advanced academic or continuing education organization that meets state determined standards.
- All non-licensed or non-certified applicants should be required to successfully pass a psychometrically valid competency assessment examination.
- States should consider using existing voluntary certification processes, including administration of eligibility and psychometrically valid examination requirements, as the basis for issuing licenses.

- “Grandfathering” of current diabetes educators, may be necessary. However, such provisions should be time-limited.
- NCBDE will serve as a resource for and provide assistance to local NCBDE-certified practitioner groups and national organizations who have undertaken organized efforts to seek state licensure requirements that include NCBDE credentialing standards as the basis for licensure. Assistance may include non-financial support such as written and/or verbal testimony given before state legislative bodies. Such support will be provided only by request and will be considered on a case-by-case basis by the NCBDE Board of Directors.

Adopted April, 2011 – NCBDE

NCBDE has also published its specific views of the Kentucky legislation, the statement may be found on NCBDE’s web site or on page 4 of this newsletter.

Statement on Kentucky Diabetes Educator Licensure Law

NCBDE supports goals to increase the number of qualified diabetes educators to care for a significantly increasing population of persons with diabetes or pre-diabetes. We also support initiatives to broaden recognition of the discipline. Achievement of such goals can dramatically improve the quality of care for, and lifestyle of, our fellow citizens who must live with this devastating disease.

Unfortunately, we believe the Kentucky diabetes educator licensure law falls far short of fulfilling those goals. Indeed, as written, we believe the Kentucky law will encourage the licensure of health care practitioners who are inadequately prepared and unqualified to provide Diabetes Self-Management Education/Training (DSME/T). More specifically, the Kentucky law embodies a number of serious flaws:

1. The law establishes eligibility pathways, one of which is significantly less rigorous than the other;
 - Those health care professionals who are either exempted from licensure or those who have successfully met NCBDE Certified Diabetes Educator® (CDE®) or American Association of Diabetes Educator Board Certified-Advanced Diabetes Management (BC-ADM) discipline requirements, practice hours and continuing education criteria and who have passed a psychometrically validated examination.
 - Those health care practitioners who merely need to complete the AADE Core Concepts Course and accumulate an as yet unspecified number of supervised practice hours.

Given this two-tiered structure, there is no guarantee that an acceptable standard of diabetes care will be achieved. In fact, the law lowers the bar by licensing educators on the basis of the lowest common denominator. The net effect will be the recognition of health care practitioners who are unqualified and incompetent to provide DSME/T. This is particularly troublesome when one contemplates the licensure of someone who has failed NCBDE's or AADE's certification examinations to become either a CDE® or BC-ADM.

2. Non-licensed or non-certified health care workers merely need to complete AADE's Core Concepts program as the sole source for acquiring a fundamental knowledge base to provide DSME/T.

AADE's Core Concepts program is an excellent continuing education program for building upon and refining the knowledge base of a diabetes educator. However, there is no evidence that it singularly imparts the requisite knowledge for providing DSME/T. Indeed, a number of continuing education programs, sponsored by reputable and nationally recognized organizations, also focus upon the knowledge needed to competently care for persons with diabetes. This legislation also ignores academic programs that comprehensively address diabetes and diabetes education. For example, in September 2011 Columbia State Teachers College (Columbia University) will enroll its first post-baccalaureate academic class to become Masters prepared as diabetes educators. The Kentucky law would ignore that Masters program as an equivalent or superior educational program to the Core Concepts program.

3. The Kentucky Law does not require a non-licensed or non-certified health care practitioner to successfully pass a standardized, psychometrically valid competency assessment examination.

As crafted, not all Kentucky licensed diabetes educators will have had to demonstrate the ability to apply DSME/T knowledge to the care of persons with diabetes. While eligibility pathways may vary in certification programs, all eligible candidates must take and pass a standardized examination, thus creating a "level playing field." In so doing, a certification program establishes a single, consistent foundation for awarding a credential. The Kentucky licensure program does not do that. Rather, it permits certain health care practitioners to receive the same credential (in this case a license) as all diabetes educators without having to pass a standardized examination and, thus, demonstrate competency and knowledge.

4. It is argued that licensure and certification are not mutually exclusive."

We agree, when standards for licensure and certification are synergistic they do support the improvement of standards of care. In the case of the Kentucky law, the licensure and certification standards are so incompatible that we believe standards of care will be adversely affected. It will discourage health care professionals from seeking peer recognition through certification in

favor of easily obtaining a license without demonstrating competency to provide care.

NCBDE understands that state licensure laws are intended to protect the welfare of its citizens. With respect to this law, however, we believe that it will achieve the opposite. It will place its citizens at risk by failing to minimize opportunities for unqualified and incompetent health care practitioners to care for persons with diabetes. For this reason, NCBDE cannot support the Kentucky law and will communicate its concerns to the state's legislative and regulatory leaders. We will strongly advocate that the development of regulatory rules to administer this law include provisions that address these matters. We will also establish lines of communications, to express our views, with the legislative leadership of other states that may be considering the enactment of similar laws.

Finally, NCBDE will develop model state licensure legislation. The elements of this model will more appropriately address features intended to assure that a state's constituency can reasonably expect to receive quality diabetes education care from health care professionals determined to be competent to provide such care.

Don't Lose Your Certificate...Frame It!

NCBDE office staff members often receive calls from CDEs who have misplaced their certificates. Don't take the chance of being one of those people. Take advantage of NCBDE's arrangement with Framing Success to have the certificate framed, choosing from a variety of handsome styles.

Each frame includes a mat with the NCBDE logo highlighted in gold to match the design of the certificate. The design of the frames allows you to easily insert the certificate yourself, making it unnecessary to send the certificate to the framing company and risk losing it along the way. The frames are priced from \$60-\$108, and because you deal directly with Framing Success, you obtain the lowest possible price. NCBDE does not earn royalties from these sales. Visit the "CDE Only" area of the NCBDE web site or contact the NCBDE office today to obtain a brochure (877-239-3233 or info@ncbde.org).

Summary of the 2010 Certification Examinations and Renewal of Certification by Continuing Education

To inform the public, potential candidates, and those currently certified, NCBDE each year publishes a summary of the results of the certification examinations administered the previous year, and the results of renewal of certification by continuing education (available since 2005). The summary of results for the 2010 (and earlier) administrations of the examinations and renewal by continuing education can be found on NCBDE's web site (www.ncbde.org).

Certification Examination for Diabetes Educators — 2010

A total of 1,960 candidates took the Examination, 874 in the spring and 1,086 in the fall. Of the total, 64% took the examination for the first time, 22% had previously taken the examination, but had not passed, 6% were previously certified individuals whose credentials had lapsed, and 8% renewed certification status. See Tables 1 and 2 for additional details.

2010 Renewal of Certification by Continuing Education

Renewal by continuing education in 2010 required that CDEs hold the license or registration for the same discipline held at the time of initial certification and during the certification cycle a) meet the renewal practice requirement of 1000 hours of professional practice cycle, and b) earn 75 hours of continuing education in content areas applicable to diabetes. For those CDEs who meet the practice experience requirement, the renewal by continuing education option may be used each time recertification is due. A CDE® who cannot document meeting the practice requirement must sit for the Examination, and include documentation they have earned the required hours of continuing education at the time of application for the Examination.

This year was the first time that individuals were offered more than two application deadlines and, also, that continuing education (and practice) hours could be accrued past September 15. In the past, all continuing education hours had to have been accrued by September 15 of the renewal year, even if choosing the later October 15 deadline date. Deadlines available included a regular deadline of September 15, extended deadline of October 15, and a late deadline of December 15. The late deadline option required that documentation verifying the continuing education activities be submitted with the application.

Just over 2,271 CDEs submitted applications for renewal of certification by continuing education; more than 99% successfully completed the process.

Pass/Fail Statistics			
Spring 2010	Total	Pass	Fail
Candidates writing the examination for the first time	557	68.94%	31.06%
Candidates renewing certification by examination	37	94.59%	5.41%
Candidates with lapsed credentials (lapsed 2009)	57	91.23%	8.77%
Candidates with lapsed credentials (lapsed prior to 2009)	17	82.35%	17.65%
Candidates repeating due to unsuccessful previous attempt(s)	206	50.49%	49.51%
Total Candidates Spring Administration	874	67.39%	32.61%

Table 1.

Pass/Fail Statistics			
Fall 2010	Total	Pass	Fail
Candidates writing the examination for the first time	700	68.43%	31.57%
Candidates renewing certification by examination	126	92.86%	7.14%
Candidates with lapsed credentials (lapsed 2009)	19	94.74%	5.26%
Candidates with lapsed credentials (lapsed prior to 2009)	17	52.94%	47.06%
Candidates repeating due to unsuccessful previous attempt(s)	224	41.52%	58.48%
Total Candidates Fall Administration	1086	65.93%	34.07%

Table 2.

CHECK IT OUT!

NCBDE's web site can be found at:

www.ncbde.org

Call for Applications for Open Board Positions

Are you a CDE® who has served as a committee or task force member for NCBDE or another organization or has experience as a Board member of a state or national not-for-profit organization? If so, we hope that you will consider applying for a position on NCBDE's Board of Directors.

The Board understands that the health of an organization is determined by its leadership, and one of the benefits of being certified by a professional credentialing organization is the opportunity to actively participate in a leadership position and positively impact its strength and recognition on a national basis. Serving on a board of directors can be challenging and rewarding, but at the same time requires personal commitments of time, skills, and resources.

Every year specific positions must be filled in order to maintain the Board's composition. **In 2011, the positions to be filled for terms beginning in 2012 are:**

- **One registered nurse**
- **One registered dietitian**
- **One physician (M.D. or D.O.)**

To be eligible for nomination, one must be a CDE® (conferred by NCBDE) and either currently employed in diabetes education, or formerly employed in diabetes education and currently employed in another diabetes-related field other than the manufacture, sale, or distribution of diabetes related products or services.

The application and role description are currently available on the web site or from the NCBDE national office. The documents may be requested by telephone at 877-239-3233 or 847-228-9795, by fax at 847-228-8469, or by e-mail at info@ncbde.org. Please include your name and address with your request. Once available, the documents may also be downloaded from the web site.

The application outlines eligibility requirements and procedures for completing the process. A document titled "NCBDE Board of Directors Role Description" is also available. This provides an overview of responsibilities and expectations of those elected to serve on the Board. Understanding and appreciation of the responsibilities and commitments necessary to serve effectively are of critical importance before making the decision to apply.

Applicants must submit a completed application, current resume or curriculum vitae, and two letters of recommendation. The postmark deadline for submitting applications is August 1, 2011.

This is a tremendous opportunity to share your knowledge and professional talents at a national level and to be involved in maintaining the high standards of NCBDE credentialing in diabetes education.

Renewal of Certification by Continuing Education Option

NCBDE implemented the option to renew certification using continuing education in 2005. For those CDEs who can document meeting the renewal practice requirement, this avenue of renewal is available as an alternative to the Certification Examination for Diabetes Educators. The continuing education option may be used each time renewal of certification is due, provided the CDE® can document meeting all current eligibility requirements at the time of application.

The renewal of certification by continuing education is intended to enhance continuing competence of certificants by providing each practitioner the opportunity to choose between the Certification Examination or using continuing education. The deadline date for submitting an application to renew certification by continuing education is not the same as the deadline dates for applying to take the Certification Examination. All continuing education hours must be completed and documented on an application by the applicable deadline of the year the credential will expire (e.g., 9/15/2011 for those with credentials expiring 12/31/2011 and applying using the

Continuing Education Accrual Cycle Examples

Example	75 Hours required for each	Credential Expires	Hours may be accrued from
A	G. Doe – newly certified in 2006	12/31/2011	1/1/2007
B	K. Evans – renewed by continuing education in 2006 (9/15/2006 deadline)	12/31/2011	9/16/2006
C	J. Smith – newly certified in 2010	12/31/2015	1/1/2011
D	M. Johnson – renewed by continuing education in 2010 (9/15/2010 deadline)	12/31/2015	9/16/2010
E	J. Davis – renewed by continuing education in 2010 (10/15/2010 deadline)	12/31/2015	10/16/2010
F	P. Jones – renewed by continuing education in 2010 (12/15/2010 deadline)	12/31/2015	12/16/2010

Table 1.

standard deadline; 9/15/2012 for those with credentials expiring 12/31/2012). The standard deadline is September 15, extended deadline is October 15 and late deadline is December 15.

General Information

Renewal of certification demonstrates that professionals previously certified have maintained a level of contemporary knowledge

OPTIONS / Continued on page 9

New Officers Elected

NCBDE is happy to announce that on January 1, 2011, Samuel L. Abbate, MD, CDE® (Wasilla, AK) moved into the role of Chair; Susanna Robinson, RPh, CDE® (Troy, MI) began her service as Chair-elect; and, Army Berenson, PhD, (Murietta, CA) began serving a one year term as Treasurer. David Randal, PsyD, LP, CDE® (North Mankato, MN) completed his service as Chair on December 31, 2010 and moved into the role as Immediate Past Chair on January 1.



Samuel L. Abbate, MD, CDE*



Susanna M. Robinson, RPh, CDE*



Army Berenson, PhD, Public Member



David Randal, PsyD, LP, CDE*

Renewal of Certification by Continuing Education Tips

For CDEs renewing in 2011:

- Obtain a copy of the 2011 Renewal of Certification by Continuing Education Handbook. Information about how to do this will be found elsewhere in the newsletter. Then, before doing anything else, read all instructions for completing the application and identify the documentation requirements.
- Try out the continuing education tracking area of the web site available on the NCBDE web site – ncbde.org. You can access this area of the site through the quick links section found on the left-hand side of the home page (ncbde.org). Choose the CDE Log in link. You may also access it by choosing the “CDE Login” menu button located in the top right-hand corner of any page on the ncbde.org web site. Please note that you will need your certificate number handy to log in to this area of the site. Use the “HOW DO I LOG IN?” quick link on the left-hand side of the log in screen for additional information.

For ALL CDEs anticipating renewal of certification by continuing education:

- These items cannot be over-emphasized:
 - Make sure that the providers of continuing education activities that are being considered for certification renewal are on (or approved by an organization on) NCBDE’s recognized provider list.
 - Remember that individual state boards of licensure, including state boards of nursing, are only acceptable providers if they are accredited/approved by one of the providers recognized by NCBDE, such as the American Nurses Credentialing Center (ANCC). The

provider on the Recognized List is the organization that must be reported on the Summary form.

- Lastly, simply because a continuing education activity is offered by a provider recognized by NCBDE, it does not automatically ensure that the activity itself is acceptable for renewal by continuing education. You will want to make sure the activity meets all the requirements before including it in your list of activities for renewal by continuing education.
- Keep a copy of the activity’s outline and/or program brochure in your file in case you need it when documenting the content specifically applicable to diabetes (e.g., a dietetic or nursing meeting with a non-specific title of “2008 State Conference” – this title would not be specific enough to verify content is applicable to diabetes when you are reporting the hours and you will want to review the outline/brochure to report the appropriate content).
- Mark the name of the recognized provider on your certificates or verification of attendance as the activities are completed if the organization offering the activities are accredited or approved by an organization on the Recognized Provider list. You may not be able to locate this important information when you are filling out the application several years later.
- When completing the application, avoid using initials or acronyms for courses and providers.
- Be certain that the continuing education offerings you wish to claim were completed within the allowed time frame.
- If you opt for the Extended or Late Application Deadline Date, it is important to understand that you may accrue continuing education (and practice) hours up to the date of application submission. However, your accrual cycle for the next renewal will begin after the chosen deadline date.
- Applications must be completed only in English and handwriting must be legible.
- Courses must include a full title, not just a course number.
- Submit a course outline with highlighted areas applicable to diabetes if it is not evident from the course title that it is applicable to diabetes, or include a brief description of how activity is applicable to diabetes. Do not submit course outlines or descriptions if it is clear from the title of the activity that it is applicable to diabetes.
- Specify the number of hours being claimed if the entire activity/course is not applicable to diabetes (e.g., “10 hours/24 hrs total”). You may want to report sessions individually or include a program/course outline with applicable content highlighted.
- In a multiple day workshop, claim only content applicable to diabetes if diabetes is not the total focus of the program.
- Check the Handbook or NCBDE web site for application deadline dates, published time frame for continuing education activities, and the number of continuing education hours required.
- If you have more continuing education hours than the number required, it is advisable to report them. This will save the review committee from having to request more information if it isn’t clear that some courses were applicable to diabetes.

MESSAGE / Continued from page 1

- Kirsten Ward, MS, RCEP®, CDE® – Kirsten achieved her certification in 2004 and is working as a Medical Liaison for Roche pharmaceuticals. She also independently provides DSME services in Newton Center, Massachusetts.



Kirsten Ward, MS, RCEP®, CDE®

Each of their four year terms began in January of this year. Their breadth of experience in their present career and as CDEs will be much appreciated assets as the Board continues to guide the organization in the future.

Now on to several initiatives and issues we want you to be aware of:

Outreach Campaign

In late 2010, the Board authorized, and allocated substantial resources, to develop and implement a comprehensive outreach campaign to broaden recognition of the CDE® credential. An Outreach Committee was established, co-chaired by two of our board members – Christine Day, RN, MS, CDE®, ACNS-BC, and Rosalyn Haase, RD, CD, CDE®, BC-ADM. We have engaged SeaCrest Company as our outside consultant to guide the committee and staff in this endeavor. We are grateful to the 5,800 plus CDEs who responded to our recent opinion and information survey. The results will help us frame our message about the value of using CDEs to our various stakeholders, including CDEs, potential candidates for certification, payors, regulators, employers and the public. This campaign will also involve a redesign of our website to make it more user friendly for our certificants, and to possibly have it serve as a resource for persons that are searching for

information on diabetes self-management education (DSME). In addition, we plan to take advantage of other social media such as Facebook in order to make the most current NCBDE information available.

Mentorship Program

As we announced in December 2010, we have implemented a Mentorship Program. The purpose of the program is to facilitate certification candidates accumulating up to 400 hours towards NCBDE eligibility by performing volunteer DSME work. At press time, I am pleased to report that we have approved 31 CDE® mentors for this program. See “Mentorship Program Created” on page 2 to learn more about this program.

Practice Hour Requirements for Renewal of Certification

In addition to recognizing supervised volunteer hours for potential candidates through the mentorship program, we have also approved recognition of volunteer hours provided by CDEs for purposes of meeting some or all of the practice hour requirements for recertification. We believe this change to our renewal requirement was needed to acknowledge the efforts of many of our CDEs who are actively engaged in volunteer and charitable work within their communities. Please see the article entitled “Practice Requirement for Renewal of Certification In Effect” on page 9.

Canons of Ethical Conduct

As I noted previously, we have also established a task group that is charged with developing formal Canons of Ethical Conduct for CDEs. It is important that NCBDE demonstrates to the public that we protect the integrity of the CDE® credential. This concept becomes critically essential as we embark upon efforts to secure wider recognition of the Certified

Diabetes Educator® as the professional most qualified to provide quality and cost effective DSME services.

State Licensure of Diabetes Educators

As you may know, Kentucky recently passed, and the Governor signed, legislation requiring the licensure of diabetes educators practicing within the state. This legislation was actively supported by the American Association of Diabetes Educators (AADE). While we support AADE’s objectives to improve access to DSME services and to seek “legal” status for diabetes educators, we believe this new law falls far short of those objectives. NCBDE neither supports nor opposes state licensure for the provision of the DSME services. This newsletter contains our statement on licensure and our statement on the Kentucky law (“Statement on Licensure of Diabetes Educators”, page 3, and “Statement on Kentucky Diabetes Educator Licensure Law”, page 4) as does our website. We encourage you to carefully read these two statements. The Statement on Licensure will serve as the basis for NCBDE’s advocacy for laws that embody the same criteria as those required for certification, including requirements that licensure candidates take and pass a psychometrically valid examination.

Finally, on behalf of the Board of Directors please accept our gratitude for your decision to become and remain a Certified Diabetes Educator®. It is a tangible indicator of your dedication to provide DSME to persons who have diabetes.

Best wishes for a prosperous 2011!

Samuel L. Abbate, MD, CDE®
Chair, NCBDE Board of Directors

Three CDEs Win at 2010 AADE Annual Meeting

Congratulations to the three CDEs who were winners of the NCBDE drawings held during the American Association of Diabetes Educators Annual Meeting in San Antonio, Texas this month. These CDEs will be able to renew certification without paying the \$250 fee, which is being waived by NCBDE.

- Lynn D. Baillif, RD, CDE®, Maryland
- Kathleen A. Fuglee, CNS, CDE®, Oregon
- Angela (Nell) Stuart, RD, CDE®, Ohio

Buttons were mailed to over 1,700 CDEs who had pre-registered for the meeting and a number of CDEs stopped by the NCBDE exhibit booth to pick up a button on-site. There were over 920 CDEs who dropped by the booth to deliver their tickets for the drawings.

We look forward to seeing you all again this year in Las Vegas!

Special Thanks...

NCBDE wishes to thank Blanche “Dolly” Bronzini, RN, MPH, CDE® and Elizabeth C. Huggins, MESS, RD/LD, CDE® for their years of service on the Examination Committee.

REMINDER: Practice Requirement for Renewal of Certification In Effect

As announced in previous issues of NCBDE News, the NCBDE Board of Directors approved a practice requirement for renewal of certification. This requirement went into place beginning with those CDEs who renewed in 2010. Individuals will need to document a minimum of 1000 hours of professional practice experience during the five-year certification cycle, in addition to either taking the Certification Examination or renewing by continuing education. The professional practice requirement for renewal of certification, however, is not the same as that required for initial certification. NCBDE recognizes that diabetes education is an evolving specialty and that experienced CDEs often assume roles other than the practice of diabetes self-management education required for initial certification. In addition, in 2010, the Board of Directors approved a further expansion of the definition to include volunteer activities. The expanded definition can be used beginning with those CDEs renewing in 2011.

Definition of Professional Practice

For purposes of recertification, practice means providing a direct or indirect professional contribution to the care and self-management education of people with diabetes.

What is Included in this Definition

This definition is intended to be as inclusive as possible of positions currently held by CDEs, including program development, program management, public health/community surveillance, volunteer activities, diabetes related research, clinical roles in diabetes industry, case management,

professional education, consultant roles to industry or other providers, or others.

What is NOT Included

Employment in the manufacture, direct sales, or distribution of diabetes-related products or services in pharmaceutical or other diabetes related industries, or jobs or volunteer activities unrelated to diabetes will not meet the practice requirement.

The 1000 hours of professional practice experience must:

- Take place in the United States or its territories
- Be completed during the five-year certification cycle, between January 1 following the year of initial certification and/or recertification and the date of application for renewal, either by examination or continuing education

There is no requirement about how or when this must be accomplished, e.g., to complete 200 hours each of the five years, or to be practicing at the time of application.

What documentation do you need to provide to show you have accumulated at least 1000 hours of practice?

It is always prudent to keep detailed information for your personal records. In fact, if you plan to have someone verify your practice hours (if you are audited), you should check with them to see what would satisfy their need for detail. The good news, however, is that we no longer require you to document these hours in detail in the application for

renewal. You will be asked to sign a statement that attests to meeting all of the current eligibility requirements, including the 1000 hour practice requirement. If an application is chosen for audit, you will need to have a supervisor (or for those in private practice, another qualified health care professional) sign a similar statement that confirms you have fulfilled the practice requirement. Of course, if you are renewing by the continuing education pathway, you will need to maintain copies of your continuing education credits/certificates in the event they need to be submitted as part of an audit.

For Those Unable to Meet the Practice Requirement

For CDEs who wish to maintain certification status but do not or cannot meet the practice requirement, there is only one renewal option. That method requires both successful completion of the Certification Examination and the 75 clock hours of continuing education requirement. During the five year period that certification is valid, if a CDE® has practiced less than the required 1000 hours, has taken employment unrelated to diabetes care and education, is on leave from employment or has retired, but still wishes to maintain certification as a diabetes educator, the requirements to hold a current, active unrestricted license or registration for the same discipline held at the time of initial certification and to demonstrate knowledge of current standards and practices by passing the examination and documenting relevant continuing education activities are required. No exceptions will be available.

OPTIONS / Continued from page 6

in diabetes education. NCBDE requires all CDEs to renew certification every 5 years. It is the responsibility of the individual certificant to maintain certification and to stay abreast of any changes in certification and renewal requirements. The dates of the credential should be monitored and applications for renewal submitted by published deadlines.

If renewal of certification by continuing education is chosen, 75 hours of continuing education applicable to diabetes will have to be completed for the 5 year cycle.

Renewal by Continuing Education Cycles

After initial certification, continuing education activities must be completed between January 1 of the following year and the application deadline date for renewal, i.e., September 15, five years later. For subsequent certification periods, all continuing education must be completed between the day after the application deadline date, i.e., September 16, and the application deadline date for renewal, i.e., September 15, five years later. See Continuing Education Accrual Cycle Examples box on page 6.

Continuing education activities:

- must be approved by a provider on the NCBDE List of Recognized Providers.
- must be applicable to diabetes. All subject matter on the Certification Examination Content Outline published in the current Certification Handbook for Diabetes Educators is considered applicable to diabetes.
- must be completed as defined by the renewal by continuing education cycles policy. (All continuing education activities must be

OPTIONS / Continued on page 12

Due to Renew in 2011?

If your credential will expire December 31, 2011 and you can document meeting the renewal practice requirement* (see related article on page 9), you may choose to renew either by continuing education (see page 6) or by taking the examination.

The application deadline is September 15 for the either the fall 2011 examination window or for renewal by continuing education. Additional deadlines are available **ONLY** for the renewal by continuing education option, but do require additional fees and documentation. Refer to the 2011 Renewal by Continuing Education Handbook for important details.

Renewal of certification notices were mailed in late October last year to CDEs whose credentials will expire December 31, 2011. Because of name and/or address changes, many of these notices could not be delivered. It is important to note that nonreceipt of this courtesy mailing does not relieve the certificants of meeting renewal certification requirements. An email notice was also sent in April to all those with an email address on file.

Remember that it is the responsibility of the renewing individual to submit a current

Application and fee prior to the applicable deadline date. Neither the NCBDE nor the testing agency is responsible for lost, misdirected or late mail.

Obtaining an Application

The 2011 **Renewal by Continuing Education Handbook** includes the instructions and application form to renew by continuing education. To obtain the 2011 Renewal by Continuing Education Handbook and Application, contact the NCBDE national office, by telephone at 877-239-3233 or 847-228-9795, facsimile at 847-228-8469, or e-mail at info@ncbde.org (be sure to include "NCBDE CE Application" in the subject line of the request and your mailing address in the message). The Handbook and Application are also available in pdf format and may be downloaded from the NCBDE web site (http://www.ncbde.org/CEcerthandbook_app.cfm).

The 2011 **Examination Handbook** includes the instructions and application form to renew by the Certification Examination. To obtain the 2011 Examination Handbook and Application, contact the testing agency, Applied Measurement Professionals, by telephone at 913-895-4600, facsimile at 913-895-4651, or e-mail at info@goamp.com

(be sure to include "NCBDE Application" in the subject line of the request and your mailing address in the message). The Handbook and Application are also available in pdf format and may be downloaded from the NCBDE web site (http://www.ncbde.org/ceerthandbook_app.cfm).

Please note that those who do not pass the Certification Examination or successfully renew by continuing education before the credential expiration date must stop using the CDE® designation until such time as they successfully reinstate their certification.

Kindly refer questions about renewal of certification to the NCBDE national office at 847-228-9795 or by e-mail at info@ncbde.org.

** If you do not meet the renewal practice requirement and still wish to maintain the credential, renewal can only be accomplished through documentation of acceptable continuing education hours and passing the examination. Visit the web site at http://www.ncbde.org/certif_renewal.cfm for additional information and access to required documentation.*

What's Available?

NCBDE's national office has a number of resources available for CDEs and others. These include:

- camera-ready artwork of the CDE® logo that can be added to promotional materials such as business stationery, brochures and flyers
- press release templates for use in announcing certification/renewal
- letters verifying credential status for use by individuals and/or employers
- web site with extensive information on certification eligibility, the examination process, and renewal of certification options (www.ncbde.org)
- order forms to purchase a CDE® lapel pin, duplicate wallet card or certificate
- order form to purchase a certificate frame
- staff available to provide information on the continuing education renewal process
- staff available to provide support to initial applicants on eligibility requirements and application questions
- select statistical information on CDEs can be requested, or mailings to CDEs can be completed (approval and fee required)
- positions statements on The CDE: Limitations of the Credential and "CDE ELIGIBLE" and "CDE PENDING"
- informational brochures for initial certification, including a description of current eligibility requirements, examination dates and other general information. These brochures may be requested in larger quantities for meetings.

CDE® Artwork Available

Camera-ready artwork of the CDE® logo is available to Certified Diabetes Educators at no cost from the NCBDE national office.

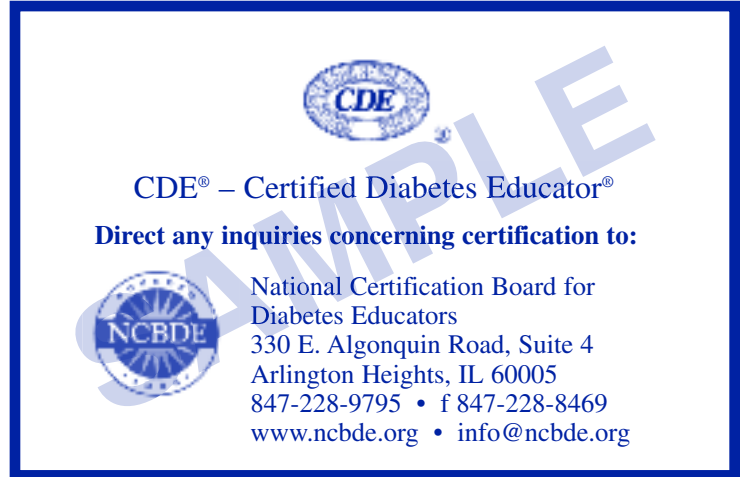
This artwork may be used by CDEs on their business cards, letterhead, or other stationery. Contact the NCBDE office (877-239-3233 or info@ncbde.org) to obtain your artwork.



NCBDE Wallet Card and Certificate Order Form



FRONT OF SAMPLE WALLET CARD



REVERSE SIDE OF SAMPLE WALLET CARD

Complete and submit this order form to receive additional/replacement CDE® certificates or wallet cards. Orders take approximately 4-6 weeks.

Item	Quantity	x	Price	=	Cost
Certificate(s)	_____	x	\$15.00	=	_____
Wallet Card(s)	_____	x	\$ 7.00	=	_____
			Subtotal	=	_____
			9.5% Sales Tax (Illinois Only)	=	_____
			TOTAL	=	_____

Print or type only:

Name: _____ Phone (area code): _____

CDE #: _____ Expiration Date: _____

Address: _____

City, State and Zip Code: _____

Full payment is required.

Check one: Check or money order enclosed, payable to NCBDE
 Visa/MasterCard/AMEX (circle) Card # _____

Expiration Date (MM/YY) _____ Total Amount (must be \$15 or more): _____

Signature: _____

Send the completed form and payment to:
 NCBDE
 330 E. Algonquin Road, Suite 4
 Arlington Heights, IL 60005
 Fax: 847-228-8469

Office Use Only: CDE# verified: _____ Exp Date verified: _____ Check # _____ P or C

OPTIONS / Continued from page 9

completed prior to submitting the application.)

- must be at a professional level that enhances the quality and effectiveness of diabetes self-management education practice.
- do not have to be discipline specific nor do they have to come from any specific area of concentration, e.g., social workers may attend a nursing program applicable to diabetes and use those clock hours for renewal of certification.

Activities acceptable for renewal of certification by continuing education:

- Continuing education courses
- Seminars
- Workshops
- Conferences
- Independent study
- On-line programs
- Telephonic or video conference programs

Activities not acceptable for renewal of certification by continuing education:

- Academic courses
- Certification/credentials awarded
- Elected office or serving on Boards and/or Committees
- Articles or books written by the certificant
- Journal clubs or professional reading
- Presentations or lectures by the certificant
- Posters or poster sessions and exhibits
- Preceptorships or mentor hours
- Research
- Volunteer activities

Recognized Providers

The list of recognized providers is available in the *2011 Renewal of Certification by Continuing Education Handbook*, on the web site or by contacting the office at 877-239-3233 or 847-228-9795.

- Only continuing education applicable to diabetes and offered by a provider* on the NCBDE List of Recognized Providers or continuing education applicable to diabetes provided by accredited academic institutions granting degrees related to professional

practice may be submitted. The academic institutions (colleges and universities) must be accredited by nationally recognized regional accrediting bodies.

(*Several state licensure boards require continuing education for renewal of licensure. Acceptance by a state board of licensure does not guarantee that a continuing education program meets NCBDE criteria. The continuing education must be applicable to diabetes and the licensing board must be approved or accredited by a provider on the NCBDE List of Recognized Providers.)

Continuing Education Hours (Clock Hours)

NCBDE requires only the actual time spent on subject matter applicable to diabetes be reported, not the number of contact hours, units or credits awarded by the recognized provider. Continuing education activities must be reported in clock hours, i.e., the actual time spent on the continuing education activity, not contact hours, credits, or units awarded by the recognized provider. One clock hour equals 60 minutes. In some professions, a 60-minute hour is equivalent to 1 contact hour, i.e., 60 minutes equals 1 contact hour. In nursing prior to 2007, however, a 50-minute hour was equivalent to 1 contact hour, i.e., 50 minutes equals 1 contact hour. To provide common measure for all disciplines, NCBDE requires that activities be reported in clock hours.

If a recognized provider awarded 2 contact hours for an activity that was 2 hours in length, 2 clock hours would be reported to NCBDE for that activity. For that same two-hour program prior to 2007, if the provider awarded 2.4 contact hours for nurses on the basis of a 50 minute hour, it would be necessary to convert those contact hours to clock hours. This would be done by multiplying 2.4 contact hours by 50 minutes, which is 120 minutes or 2 hours.

The clock hours submitted cannot be more than the number of contact hours/credits/units awarded by the recognized provider. For presentations, participants may include in the

time to be counted as clock hours the course overview/introductions, educational presentation, and questions and answers. Time may not be counted for general announcements, breaks, lunch, exhibits, etc. For self-study programs (on-line or written booklets), participants may count the actual time spent on completing the activity.

Other Information

The course title should provide an indication of the content of the course. A brief description of content (or course outline or brochure) should be attached when the course title does not indicate course content.

Individuals are welcome to make use of the Continuing Education Tracking area that is available on NCBDE's web site after logging into the CDE Login area of the site. You can access this area of the site through the quick links section found on the left-hand side of the home page (ncbde.org). Choose the CDE Log In link. You may also access it by choosing the "CDE Login" menu button located in the top right-hand corner of any page on the ncbde.org web site. Please note that you will need your certificate number handy to log in to this area of the site. Use the "HOW DO I LOG IN?" quick link on the left-hand side of the log in screen for additional information.

Individuals who choose to renew using the continuing education option should maintain a file of verifications of attendance or other supporting documentation verifying participation for each continuing education activity. When renewal is due, the CDE will be required to complete a current Application by the deadline date, including a "Summary of Continuing Education Activities" form. Submission of the verifying documents will not be required except for those choosing the late deadline option, but all applications are subject to audit. If selected for audit, copies of certificates of completion, verifications of attendance, and/or other supporting documentation verifying participation for each continuing education activity will have to be submitted.

Web Site News

If you have not visited NCBDE's web site (ncbde.org) lately, please take a few moments to access it the next time you are using the internet. The site contains extensive details about the examination (e.g., eligibility, dates/locations of examinations, information

on preparing for the examination, and post-examination process) and renewal by continuing education processes, frequently asked questions specific to those areas, and announcements about any changes in the certification process as they become available.

In addition, the site includes a "CDE Only" area where CDEs can track their continuing education activities (for their own use), as well as access recent copies of the *NCBDE News* and product order forms.

CDE® Record Update Form 2011

NCBDE requests that all CDEs take a few minutes to complete this record update form in its entirety and return it via mail or facsimile as soon as possible. Return the completed form to:

NCBDE
330 E. Algonquin Road, Suite 4 • Arlington Heights, IL 60005
Fax: 847-228-8469

To prevent data entry errors, please print neatly.

Full Name (first, middle initial, last)	
Former Name/Maiden Name*	
CDE® number or last 4 digits of social security number	
Date of Birth*	
Home Address (include street address, city, state, and postal code)	
Home Telephone Number* (inc. area code)	
Home E-mail Address* Preferred <input type="checkbox"/>	
Home Fax Number* (inc. area code)	
Employer*	
Work Address* (include department, street address, city, state, and postal code)	
Work Telephone Number* (inc. area code)	
Work E-mail Address* Preferred <input type="checkbox"/>	
Professional Discipline (nurse, dietitian, pharmacist, etc.)	

Signature _____ Date _____

From time to time, NCBDE receives requests for lists of CDEs for purposes including third party payers or research purposes. If you do **NOT** wish your name to be included on such lists, please check the box below. Thank you.

Do not include my name on lists.

** This information is requested for contact and/or identification purposes only. It is considered confidential and is not made available to anyone requesting CDE® information.*



**National Certification Board
for Diabetes Educators**

330 East Algonquin Road, Suite 4
Arlington Heights, IL 60005

IN THIS ISSUE

- 1 Message from the Chair**
- 2 Mentorship Program Created**
- 3 Licensure of Diabetes Educators**
- 4 Statement on Kentucky Diabetes Educator Licensure Law**
- 5 2010 Certification Program Summary**
- 6 Call for Applications for Open Board Positions**
- 6 Renewal of Certification by Continuing Education**
- 7 New Officers Elected**
- 9 Practice Requirement for Renewal of Certification**
- 10 Due to Renew in 2011?**
- 14 Practice Examination Available**

Practice Examination Available

A practice examination (PE) is available. The PE is designed to provide candidates with a meaningful resource as they prepare to take the Certification Examination (Examination). It is purchased and administered over the internet through a division of Applied Measurement Professionals, NCBDE's testing agency (<http://store.lxr.com/dept.aspx?id=71>).

The PE is intended to give Examination applicants an understanding of the type and format of items used on a particular Examination and to practice taking an abbreviated version of the Examination. The questions were selected from the NCBDE item bank in proportion to the number of items in each content area of the major outline headings and subheadings within the major content headings of the Examination Content Outline. The questions are also representative of the three cognitive levels used in the Examinations, i.e., recall, application, and analysis. Just like Examination score reports, the score report for the PE provides totals of correct answers related to the major areas of the content outline. It will not include details on the specific items answered incorrectly. The PE includes a total of 50 questions and the fee to take the PE is \$55.

MARK YOUR 2011 CALENDAR!

NCBDE EVENT/DEADLINE DATE	LOCATION	DATE
Spring 2011 Certification Examination for Diabetes Educators Examination Window		May – June
NCBDE Exhibit – American Diabetes Association Scientific Sessions	San Diego	June 24-28
NCBDE Board of Directors – Director Application Filing Deadline		August 1
NCBDE Exhibit – American Association of Diabetes Educators Annual Meeting	Las Vegas	August 3-6
Standard Application Filing Date – 2011 Renewal of Certification by Continuing Education Deadline		September 15
Application Filing Deadline Date – Fall 2011 Exam		September 15
NCBDE Exhibit – American Dietetic Association Food & Nutrition Conference & Expo	San Diego	September 24-27
Extended Application Filing Date – 2011 Renewal of Certification by Continuing Education Deadline		October 15
NCBDE Board of Directors Meeting	Chicago	October 15-16
Fall 2011 Certification Examination for Diabetes Educators Examination Window		November – December
Late Application Filing Date – 2011 Renewal of Certification by Continuing Education Deadline		December 15