Message from the Chair

Dear Fellow Colleagues:

2011 continued to witness great success for NCBDE, including consistent growth in the number of professionals who have earned and renewed their CDE® credential. We also successfully launched our Outreach campaign to achieve greater recognition of the credential. Initially, we have begun by authoring a number of articles on the provision of diabetes self-management education provided by CDEs. Our 2011 Chair, Sam Abbate, MD, CDE® was interviewed by Diabetes Care (an on-line magazine for persons with diabetes and others involved with diabetes). We will continue to pursue these opportunities to make the general public more aware of your expertise in helping persons with diabetes manage their disease.

Before I outline some of our achievements for 2012, I would like to personally thank Sam for his leadership as our 2011 Chair. His wisdom and guidance were invaluable. I would also like to express our gratitude to Bonnie Brost, RD, LD, CDE®, David Randal, PsyD, LP, CDE®, and Deanna Spears, RN, BS, CDE® for their dedication to NCBDE. They were instrumental in shepherding NCBDE through major changes during their tenure as directors.

I would also like to welcome three new members to the Board:

• Judy Davis, RN, BA, CDE®, FAADE from Boise, Idaho currently works with the Veterans Administration and has been actively involved with the American Association of Diabetes Educators. Judy is presently Program Director, St. Luke’s Humphreys Diabetes Center in Boise, Idaho.

• Lenita Hanson, MD, CDE® is an endocrinologist with a practice in Venice, Florida. In addition, she coordinates several ADA recognized programs in her state and is involved in a number of research initiatives.

• Sue McLaughlin, MOL, BS, RD, CDE® presently works at the Nebraska Medical Center in Omaha, Nebraska. Many of you will know or recognize her name from her extensive work with the Academy of Nutrition and Dietetics and the American Diabetes Association.
Mentorship Program Moving Along

Back in late 2010, the National Certification Board for Diabetes Educators (NCBDE) announced the creation of a Diabetes Educator Mentorship Program (Program) in association with the American Association of Diabetes Educators (AADE) and the American Diabetes Association (ADA). The Program was created to promote careers that will lead to a Certified Diabetes Educator® (CDE®) designation and improve access to much needed diabetes self-management education (DSME).

The program began in early 2011 and partners experienced CDE®-credentialed diabetes educators with healthcare professionals who are interested in gaining experience in providing diabetes self-management education. The goal is to assist these professionals with meeting the current hours of experience practice requirement for CDE® certification.

At press time, there are 102 CDEs who are active mentors, over 60 approved mentees are in active partnerships with mentors, and over 300 individuals are approved to move forward in seeking a partnership with a mentor. In addition, 6 individuals have completed the Program – accumulating a maximum of 400 volunteer hours towards eligibility for certification and hopefully providing them with a foot in the door to securing a hired position as a diabetes educator.

Mentor Eligibility Criteria
The eligibility criteria for mentors are:

- CDE®, in good standing, for 3 years
- Current practice as a Diabetes Educator, providing DSME services
- Other preceptor/mentoring experience
- Practice accredited by Centers for Medicare and Medicaid Services (CMS), e.g., ADA recognition, AADE accreditation, or other program that can demonstrate compliance with national standards
- Agree to complete and submit appropriate Mentor/Mentee monitoring documentation

Interested in Serving as a Mentor?
First, thank you for your interest in serving as mentor. The application packet is available on NCBDE’s web site as a downloadable file – either in pdf or word format. If you would like a hard copy of the application mailed to you, please contact the NCBDE national office.

Mentee Eligibility Criteria
The eligibility criteria for mentees are:

- Meet NCBDE discipline requirements in effect at the time of application
- Volunteer hours must be accrued within a maximum 4 year period immediately prior to applying for certification
- Provide DSME volunteer hours under guidance of NCBDE Mentor
- Accumulate a maximum of 400 volunteer hours of the total 1000 hrs of DSME experience
- Hours provided in practice accredited by Centers for Medicare and Medicaid Services (CMS), e.g., ADA recognition, AADE accreditation, or other program that can demonstrate compliance with national standards

For those interested in participating in the program as a mentee, it is recommended that the individual carefully review the Examination discipline requirements prior to applying to verify that she/he meets that aspect of NCBDE’s eligibility criteria.

The application packet is available on NCBDE’s web site as a downloadable file in pdf format. If you would prefer to receive a hard copy version of the application, send an email message to info@ncbde.org requesting the document. Be sure to include your mailing address when sending your message.

Listing of Mentors by State (as of 7/5/2012)
A listing by state of currently approved CDE® mentors is listed below. The listing is provided on the NCBDE web site in order to provide interested individuals the opportunity to see the number of mentors available in their state and is updated on a regular basis. Upon approval of an individual’s mentee application, full contact information for all current mentors is made available for pursuit of a possible partnership. If you or another CDE® has not applied to serve as a mentor, we hope you will take a few moments to review the Program mentor eligibility criteria and consider applying.

NCBDE wishes to thank these CDEs and the other CDEs who have an application under review for their commitment to diabetes education. We also express our great appreciation to all the institutions that are supporting the mentors and the Program.

**AL**
Amie A. Hardin RD, LD, CDE®
East Alabama Medical Center - Diabetes and Nutrition Center

**AZ**
Robin Wineinger RD, CDE®, MEd
Carondelet Diabetes Care Centers St. Joseph’s Diabetes Care Center

**CA**
Dana U. Armstrong RD, CDE®
Diabetes & Nutrition Support Services

Lou Erín Castillo, RN, CDE®
Diabetes Care Center - Shasta Regional Medical Center

Arun Chowdhary RD, CDE®
Memorial Hospital Association - The Health Center

Mary Jean Christian, RD, CDE®
University of California, Irvine Medical Center

Kathleen Jarvis, RN, CDE®
Kaiser Permanente (San Francisco)

Linda S. Kerr RN, MSN, NP, CDE®
Long Beach Memorial Medical Center

Elizabeth T. Leong RD, CDE®
Bay Area Diabetes and Wellness Center

Bridget R. Levich RN, CNS, CDE®
Univ of California Davis Medical Center - Chronic Disease Management Program

Terrye Peterson, RN, CDE®
University of California, Irvine Medical Center

**MENTORSHIP / Continued on page 3**
MENTORSHIP / Continued from page 2

Martha Quintana, RN, BSN, CDE®, CPT
Diabetes Health Center

Robin M. Talley RN, CDE®
Memorial Medical Center

Jacqueline Thompson, MS, RD, CDE®
Diabetes Health Center

Hui-ying Yang, CNP, CDE®
Kaiser Permanente Santa Clara Medical Center Diabetes Clinic

CO
Christie R. Beatson RD, CDE®
Barbara Davis Center for Diabetes

Lisa A. Harris MS, RD, CDE®
Poudre Valley Hospital Center for Diabetes Services and Medical Center of the Rockies Center for Diabetes Services

Rose Shehan RN, CDE®
Diabetes & Endocrinology Services

Mary Kathryn Ashley Voelmale RN, FNP, CDE®
Barbara Davis Center for Diabetes

CT
Patricia M. Pugsley RN, MSN, CDE®
Joslin Diabetes Center Affiliate @ Lawrence & Memorial Hospital

Kathleen Wietrak, APRN, CDE®
MidState Medical Center - Diabetes Center

FL
Loretta Holley RN, MSN, CDE®, WCC
Preferred Home Health Services

Sharon L. Krispinsky RN, BSN, CDE®
Lee Diabetes Care at Lee Memorial Health System

Sherry T. Ludwig RN, BSN, CDE®
Lee Memorial Health System

GA
Sonia Benel, RN, CDE®
Eastside Medical Center

Amparo Gonzalez, RN, CDE®
Emory University Latino Diabetes Education Program

Kay Jordan RN, MSN, CDE®
DeKalb Medical

Linda Lowey, RN, MS, CDE®, CWON, CPT
Atlanta Medical Center

HI
Becky Stubbs, RN, CDE®
Hilo Medical Center

IA
Jane Feldmann, BSN, RN, CDE®
CarePro Integrative Health Clinic

Mary Lee Mindy Kardell RN, CDE®
Diabetes & Nutrition Education Center - Mary Greeley Medical Center

IL
Susan J. Iwasa, RN, MSN, CDE®
St. Luke’s - Humphrey’s Diabetes Center

Randi Y. Barbon RN, CDE®
Centegra Diabetes Center

Gloria J. Boland BSN, RN, CDE®
Advocate Condell Medical Center

Kelly Cuffe, RD, CDE®
Riverside Medical Center

Susan E. Drogos RN, BSN, CDE®, MPA
Northwest Community Hospital

Sarah Ferguson, RN, ACNS-BC, CDE®, BC-ADM
Centegra Diabetes Center & Delnor Center for Diabetes Management

Catherine Geraci, RN, APN, CDE®
LaRabida Children’s Hospital – Chicago Children’s Diabetes Center

Nancy Jerger, RN, RD, CDE®, CPT
St. Joseph Hospital/Resurrection Health Care

Marlene Kelly, RN, CDE®
Sherman Hospital Diabetes Center

Beryl Larson RN, MSN, CDE®, CNL
Mercy Hospital and Medical Center, Diabetes Center

Mary Miller, RD, MEd, CDE®
McHenry Centegra Hospital/Centegra Northern Illinois Medical Center

Colleen Miller-Owen, RN, CDE®
Central DuPage Hospital Diabetes Center

Charlotte M. Niznik RN-APN, CDE®
Northwestern University/Div. Maternal-Fetal Medicine

Feinberg School of Medicine

Katherine Rataj, BA, RN, MSN, CDE®
LaRabida Children’s Hospital – Chicago Children’s Diabetes Center

Deborah J. Redd RN, CDE®
Illinois Valley Diabetes Center for Excellence

KY
Theresa S. Clark MS, RD, LD, CPT, CDE®
Diabetes Resource Center of Hopkinsville

Linda J. Mills, RN, BSN, CDE®
Baptist Regional Medical Center

MA
Joan V. Czarnowski-Hill RD, CDE®
Hill Nutrition Consulting, LLC

MD
Sharon Evette Hawks MS, RD, LDN, CDE®
Nutrition and Diabetes Education Center, LLC

Cynthia E. Tucker BSN, RN, CDE®
Univ of Maryland Center for Diabetes and Endocrinology

ME
Carol P. Freshley, RN, CDE®
MidCoast Hospital

MI
Tammy Bartz RD, CDE®
McLaren Regional Medical Center - Diabetes Program

Linda Dale RN, CDE®
University of Michigan - Ann Arbor

Pamela Kay Milan RD, MBA, CDE®
Henry Ford Health System-Outpatient Diabetes Education Program

Timira Perry, RN, BSN, CDE®
Oaklawn Hospital Diabetes Education

MN
Denise Brown, RD, LD, CDE®
Health Partners

MENTORSHIP / Continued on page 4
MENTORSHIP / Continued from page 3

Heidi Gunderson, RD, LD, CDE®
Health Partners

Marsha Hughes, MS, RD, CDE®, LD
HealthEast Care System; Midway Outpatient Services

Janet Morrison, RD, CDE®
HealthEast

Julie Diane Roberts, RD, CDE®
Health Partners

MO
Linda D. Long BSN, CDE®
Cox Health Diabetes Center

NC
Timothy Daly, PharmD, CDE®
Mission Hospital’s Diabetes & Health Education Center

Sara Foreman, RD, LDN, CDE®
Albemarle Regional Health Services

Wanda B. Honeycott RN, CDE®
Rowan Regional Medical Center Diabetes & Nutrition Center

Melissa Hurteau RN, BSN, CDE®
WakeMed Health and Hospitals

NH
Cheryl Barry, RN, MS, CDE®
Joslin Diabetes Center Affiliate @ Southern New Hampshire Medical Center

Wendy Drew MSN, RN, CDE®
Martin’s Point Health Center

Jane M. Hackett RD, MA, LD, CDE®
Exeter Hospital Healthreach Diabetes, Endocrine & Nutrition Center

NJ
Margaret Eckler MS, RD, CDE®
Summit Medical Group

Meaghan Kim, RN, CDE®
AtlantiCare

NM
Karen-Lynn W. Fiato CNP, CDE®
Presbyterian Hospital

Barbara Macmillan, RN, CNS, CDE®, BC-ADM
University of New Mexico Center for Diabetes Education

NY
Jan L. Boyer MS, RN, CDE®
Diabetes Health Services

Deborah G. Smith RN, MSN, CDE®
Summerlin Hospital

Shirley E. Ackerman, PhD, CRRN, CDE®
NYU Langone Medical Center

Molly Bederian RN, RD, CDE®
Seton Health Diabetes Education

Mary Capacci, RN, MSN, FNP, CDE®
St. Joseph Neighborhood Health Center

Carol Carioti , RN, MSN, NP, CDE®
Crouse Hospital Outpatient Wellness Program

Patricia W. Cochrane BS , RN, CDE®
Finger Lakes Health; Geneva General Hospital - Education Dept

Linda S. Cohen RN, CDE®
Downstate Medical Center

Margaret Diliberto, RN, CDE®
Glen Cove Hospital

Rosalia Doyle RD, CDE®
North Shore University Hospital

Marie Frazzitta NP, DNP, CDE®
Northshore Addiction Medicine - Diabetes in Pregnancy

Samuel S. Grossman BS Pharm, PharmD, CDE®
Diabetes Care On The Go

Ann Marie Hasse RN, BSN, CDE®, CPT
Glen Cove Hospital

Kelley Newman, APRN, CDE®
New York University Diabetes and Endocrine Associates

Everet E. Owens RN, BSN, MS, CDE®
Sound Shore Medical Center of Westchester

Laura Smith, RN, CDE®
Our Lady of Lourdes Memorial Hospital, Lourdes Diabetes Center

OH
Elizabeth A. Downey RN, CDE®
Louis Stokes VA Medical Center

Kathryn M. Kudlapur RN, BSN, CDE®
Hocking Valley Community Hospital

Barbara A. Nakanishi RD, LD, CDE®
University Medical Associates Diabetes Education

Annette L. Pedersen APRN, RD, LD, BC-ADM, CDE®
Veterans Administration (Brecksville, OH)

Brenda Rendelman, RD, CDE®
Central Ohio Diabetes Association

Leigh Russell, RN, MSN, CDE®
Department of Veterans Affairs

Rochelle Southard RN, BSN, CDE®
Bull Family Diabetes Center

OK
Joni Beck, PharmD, CDE®, BC-ADM
OUHSC - College of Medicine OU Children’s Diabetes Center

PA
Janice Albert RN, CDE®
Conemaugh Diabetes Institute

Janice N. Beattie RN, BSN, CDE®
VA Pittsburgh Healthcare System

Terri Lynne Epler RN, CDE®
Memorial Hospital

Patricia J. Hutchison RN, MSN, CDE®
Grove City Medical Center

Bonnie Pepon, RN, BSN, CDE®
Conemaugh Diabetes Institute

Joyce Rudolph, RN, MSN, CDE®
BHS - Diabetes and Health Management

TN
Claire Blum, MSEd, RN, CDE®
Partners and Peers for Diabetes Care, Inc.

Jennifer D. Campbell PharmD, CDE®
Regional Medical Center at Memphis - Dept of Pharmacy

MENTORSHIP / Continued on page 5
Updated Website Launched

The launch of NCBDE’s updated web site took place in mid-June. We hope that our CDEs will like the new look and functionality. One of the most exciting aspects of the site is that it has been expanded to include content to help individuals with diabetes understand how having a CDE® in their corner can make a difference in their ability to manage their disease. It also provides a way for those individuals to search for a CDE® in their area.

It is important to note that NCBDE will need the help of all CDEs to make the “Find a CDE®” search successful for those individuals who are looking for your guidance. Each CDE® who wishes to be included in the search database will need to add their practice information to the site and will also want to be sure to keep this information up to date.

We are also happy to let our CDEs know that we have expanded the information available in the CDE® only area to include their last renewal date (whether by examination or by continuing education), their expiration date, and the personal contact information (whether by examination or by continuing education), their expiration date, and the personal contact information is not accessible or provided to those individuals looking for a CDE®. From this screen, a CDE® is also able to change their username using the “Edit” button under that section of the page. If a CDE® does NOT wish to change it, it will remain their certificate number. A CDE® can also change their password using the “Change Password” menu button from the left-hand side of the screen.

If a CDE® wishes to become part of the “Find a CDE®” search database, choose “Become Locatable” menu button from among the left-hand menu options, and then click on “Continue Education Tracking” link. It will be important for the CDE® to take a moment and review the entries against the information they have kept on file. Note: If a CDE® has not used this area before, we hope they will check it out and make use of it.

To access the CDE® only area the first time, a CDE® will need to log in to this section of the site. Access to this area can be found in several places, but the easiest access can be found by clicking on the yellow “CDE® Login” menu option shown in the top left-hand section of any page of the site.

When the “Yes, I am a CDE®” log in screen appears, the CDE® will want to:
1. For the user name field: enter the certificate number (full 8 digits, and no dashes). The certificate number can be found in the header of the email blast sent during the week of 6/18/2012 about the launching (in the To: portion of the email message) or on their certificate or wallet card.
2. For the password field: enter last name as maintained in NCBDE’s database (case sensitive format, e.g., Doe, not DOE or doe).

We do hope that our CDEs will like the new features and look of the updated site. If there are any questions, please contact the NCBDE national office.
Due to Renew in 2012?

If your credential will expire December 31, 2012 and you can document meeting the renewal practice requirement* (see related article on page 13), you may choose to renew either by continuing education (see page 8) or by taking the examination.

The application deadline is September 15 for the fall 2012 examination window and September 17 for renewal by continuing education. Additional deadlines are available ONLY for the renewal by continuing education option, but do require additional fees and documentation. Refer to the 2012 Renewal by Continuing Education Handbook for important details.

Renewal of certification notices were mailed in late October last year to CDEs whose credentials will expire December 31, 2012. Because of name and/or address changes, many of these notices could not be delivered. It is important to note that nonreceipt of this courtesy mailing does not relieve the certificants of meeting renewal certification requirements. An email notice was also sent in April to all those with an email address on file.

Remember that it is the responsibility of the renewing individual to submit a current Application and fee prior to the applicable deadline date. Neither the NCBDE nor the testing agency is responsible for lost, misdirected or late mail.

Obtaining an Application

The 2012 Renewal by Continuing Education Handbook includes the instructions and application form to renew by continuing education. To obtain the 2012 Renewal by Continuing Education Handbook and Application, contact the NCBDE national office, by telephone at 877-239-3233, facsimile at 847-228-8469, or e-mail at info@ncbde.org (be sure to include “NCBDE CE Application” in the subject line of the request and your mailing address in the message). The Handbook and Application are also available in pdf format and may be downloaded from the NCBDE web site (www.ncbde.org).

Please note that those who do not pass the Certification Examination or successfully renew by continuing education before the credential expiration date must stop using the CDE® designation until such time as they successfully renew certification.

Kindly refer questions about renewal of certification to the NCBDE national office at 877-239-3233 or by e-mail at info@ncbde.org.

*If you do not meet the renewal practice requirement and still wish to maintain the credential, renewal can only be accomplished through documentation of acceptable continuing education hours and passing the examination. Visit the web site at www.ncbde.org/currently_certified/practice_requirement/#unable for additional information and access to required documentation.

What’s Available?

NCBDE’s national office has a number of resources available for CDEs and others. These include:

- camera-ready artwork of the CDE® logo that can be added to promotional materials such as business stationery, brochures and flyers
- news release templates for use in announcing certification/renewal
- letters verifying credential status for use by individuals and/or employers
- web site with extensive information on certification eligibility, the examination process, and renewal of certification options (www.ncbde.org)
- order forms to purchase a CDE® lapel pin, duplicate wallet card or certificate
- staff available to provide information on the continuing education renewal process
- staff available to provide support to initial applicants on eligibility requirements and application questions
- select statistical information on CDEs can be requested, or mailings to CDEs can be completed (approval and fee required)
- positions statements on The CDE®: Limitations of the Credential and “CDE® ELIGIBLE” and “CDE® PENDING”
- informational brochures for initial certification, including a description of current eligibility requirements, examination dates and other general information. These brochures may be requested in larger quantities for meetings.

CHECK IT OUT!

NCBDE’s web site can be found at:

www.ncbde.org
Summary of the 2011 Certification Examinations and Renewal of Certification by Continuing Education

To inform the public, potential candidates, and those currently certified, NCBDE each year publishes a summary of the results of the certification examinations administered the previous year, and the results of renewal of certification by continuing education process. The summary of results for the 2011 (and earlier) administrations of the examinations and renewal by continuing education can be found on NCBDE’s web site (www.ncbde.org).

Certification Examination for Diabetes Educators — 2011
A total of 1,975 candidates took the Examination, 933 in the spring and 1,042 in the fall. Of the total, 63% took the examination for the first time, 25% had previously taken the examination, but had not passed, 3% were previously certified individuals whose credentials had lapsed, and 9% renewed certification status. See tables below for pass/fail statistics.

2011 Renewal of Certification by Continuing Education
Renewal by continuing education in 2011 required that CDEs hold the license or registration for the same discipline held at the time of initial certification and, during the five year certification cycle, a) meet the renewal practice requirement of 1000 hours of professional practice, and b) earn 75 hours of continuing education in content areas applicable to diabetes. For those CDEs who meet the practice experience requirement, the renewal by continuing education option may be used each time recertification is due. A CDE who cannot document meeting the practice requirement must sit for the Examination, and include documentation they have earned the required hours of continuing education at the time of application for the Examination.

Just over 2,489 CDEs submitted applications for renewal of certification by continuing education; more than 99% successfully completed the process.

Pass/Fail Statistics

<table>
<thead>
<tr>
<th>Spring 2011</th>
<th>Total</th>
<th>Pass</th>
<th>Fail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candidates writing the examination for the first time</td>
<td>604</td>
<td>63.74%</td>
<td>36.26%</td>
</tr>
<tr>
<td>Candidates renewing certification by examination</td>
<td>43</td>
<td>90.70%</td>
<td>9.30%</td>
</tr>
<tr>
<td>Candidates with lapsed credentials (lapsed 2010)</td>
<td>29</td>
<td>93.10%</td>
<td>6.90%</td>
</tr>
<tr>
<td>Candidates with lapsed credentials (lapsed prior to 2010)</td>
<td>18</td>
<td>66.67%</td>
<td>33.33%</td>
</tr>
<tr>
<td>Candidates repeating due to unsuccessful previous attempt(s)</td>
<td>239</td>
<td>41.84%</td>
<td>58.16%</td>
</tr>
<tr>
<td>Total Candidates Spring Administration</td>
<td>933</td>
<td>60.34%</td>
<td>39.66%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fall 2011</th>
<th>Total</th>
<th>Pass</th>
<th>Fail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candidates writing the examination for the first time</td>
<td>644</td>
<td>65.68%</td>
<td>34.32%</td>
</tr>
<tr>
<td>Candidates renewing certification by examination</td>
<td>128</td>
<td>92.19%</td>
<td>7.81%</td>
</tr>
<tr>
<td>Candidates with lapsed credentials (lapsed 2010)</td>
<td>10</td>
<td>70.00%</td>
<td>30.00%</td>
</tr>
<tr>
<td>Candidates with lapsed credentials (lapsed prior to 2010)</td>
<td>9</td>
<td>66.67%</td>
<td>33.33%</td>
</tr>
<tr>
<td>Candidates repeating due to unsuccessful previous attempt(s)</td>
<td>251</td>
<td>41.43%</td>
<td>58.57%</td>
</tr>
<tr>
<td>Total Candidates Fall Administration</td>
<td>1042</td>
<td>63.15%</td>
<td>36.85%</td>
</tr>
</tbody>
</table>

Don’t Lose Your Certificate…Frame It!
NCBDE office staff members often receive calls from CDEs who have misplaced their certificates. Don’t take the chance of being one of those people. Take advantage of NCBDE’s arrangement with Framing Success to have the certificate framed, choosing from a variety of handsome styles.

Each frame includes a custom mat with the NCBDE logo highlighted in gold to match the design of the certificate. The design of the frames allows you to easily insert the certificate yourself, making it unnecessary to send the certificate to the framing company and risk losing it along the way. The frame options range in price, and because NCBDE does not earn royalties on the sales and you deal directly with Framing Success, you obtain the lowest possible price. See all the options by visiting the Framing Success site at http://www.framingsuccess.com/category/detail/categoryID/6077.
On the Examination Committee, Committee members said a sad good bye to Trish Moore, MSN, CDE®, CNS at the end of 2011 for her many years of service. The Committee welcomed one new member last year and two more members in 2012: Isabel Alvarez, RD, LD, CDE®, of Pembroke Pines, Florida, Maria G. Montez, RN, MSHP, CDE®, CCRA, Floresville, Texas, and Robyn Tyler, RN, MS, CNS, CDE®, BC-ADM of Sioux Falls, South Dakota. These CDEs are part of a group that also includes Chair of the Committee - Fran R. Cogen, MD, CDE®, Bethesda, Maryland; along with Sue Drogos, RN, BSN, MPA, CDE®, Palatine, Illinois; Rachel H. Girard, MS, MTS, RN, CDE®, Portland, Maine; Bob Hanisch, MA, CSCS, CDE®, Wauwatosa, Wisconsin; Nancy Letassy, PharmD, CDE®, Edmond, Oklahoma; Helen S. Levitt, RN, MS, CDE®, Fargo, North Dakota; and Liz Savaria-Porter, RN, MS, CDE®, North Attleboro, Massachusetts.

The time and effort expended on behalf of NCBDE by these hardworking volunteers cannot be overstated. This group works to ensure that each administration of the Certification Examination contains questions that are appropriate to identify the applicants who have a specialized knowledge of diabetes and diabetes education. They review statistics on pre-test questions, the 25 unscored questions placed on each exam to assess the quality of the questions. Each pre-test question must do well statistically prior to its use as a scored question. For those pre-test questions that do not score well statistically, the Committee reviews and revises those questions for another round of testing. After every exam administration, these Committee members also review, in conjunction with Applied Measurement Professionals, NCBDE’s testing agency, the comments from test takers, as well as the test analysis statistics to ensure the quality of the exams remains at the highest level possible.

Renewal of Certification by Continuing Education Option

NCBDE implemented the option to renew certification using continuing education in 2005. For those CDEs who can document meeting the renewal practice requirement, this avenue of renewal is available as an alternative to the Certification Examination for Diabetes Educators. The continuing education option may be used each time renewal of certification is required. For those CDEs who can document on an application by the applicable deadline date for renewal, i.e., September 15, the application must be completed and documented on an application by the applicable deadline of the year the credential will expire (e.g., 9/17/2012 for those with credentials expiring 12/31/2012 and applying using the standard deadline; 9/15/2013 for those with credentials expiring 12/31/2013). The standard deadline falls in mid-September, extended deadline is mid-October and late deadline is mid-December.

General Information

Renewal of certification demonstrates that professionals previously certified have maintained a level of contemporary knowledge in diabetes education.

NCBDE requires all CDEs to renew certification every 5 years. It is the responsibility of the individual certificant to maintain certification and to stay abreast of any changes in certification and renewal requirements. The dates of the credential should be monitored and applications for renewal submitted by published deadlines.

If renewal of certification by continuing education is chosen, 75 hours of continuing education applicable to diabetes will have to be completed for the 5 year cycle.

Revised by Continuing Education Cycles

After initial certification, continuing education activities must be completed between January 1 of the following year and the application deadline date for renewal, i.e., September 15, five years later.

For subsequent certification periods, all continuing education must be completed between the day after the application deadline date, i.e., September 16, and the application deadline date for renewal, i.e., September 15, five years later. See Continuing Education Accrual Cycle Examples table above.

OPTIONS / Continued on page 14
New Officers Elected

NCBDE is happy to announce that on January 1, 2012, Susanna Robinson, RPh, CDE® (Troy, MI) moved into the role of Chair; Carolyn Harrington, RD, LDN, CDE® (Venice, FL) began her service as Chair-elect; and, Amy Berenson, PhD, (Murietta, CA) was re-elected for another one year term as Treasurer. Samuel Abbate, MD, CDE® (Wasilla, AK) completed his service as Chair on December 31, 2011 and moved into the role as Immediate Past Chair on January 1.

Renewal of Certification by Continuing Education Tips

For CDEs renewing in 2012:
- Obtain a copy of the 2012 Renewal of Certification by Continuing Education Handbook. Information about how to do this will be found elsewhere in the newsletter. Then, before doing anything else, read all instructions for completing the application and identify the documentation requirements.
- Try out the continuing education tracking area of the web site available on the NCBDE web site - ncbde.org. You can access this area of the site to make use of the Continuing Education Tracking area that is available on NCBDE’s web site after logging into the CDE® Log In area of the site. Choose the CDE® Log In menu option (top of screen on left-hand side of page). You may also access it by choosing the “CDE® Log In” item on the drop down menu option of the “Currently Certified” menu located on the right-hand corner of most pages of the ncbde.org web site. Please note that you will need your certificate number handy to log in to this area of the site for the first time.
- For ALL CDEs anticipating renewal of certification by continuing education:
  - These items cannot be over-emphasized:
    - Make sure that the providers of continuing education activities that are being considered for certification renewal are on (or approved by an organization on) NCBDE’s recognized provider list.
    - Remember that individual state boards of licensure, including state boards of nursing, are only acceptable providers if they are accredited/approved by one of the providers recognized by NCBDE, such as the American Nurses Credentialing Center (ANCC). The provider on the Recognized List is the organization that must be reported on the Summary form.
    - Lastly, simply because a continuing education activity is offered by a provider recognized by NCBDE, it does not automatically ensure that the activity itself is acceptable for renewal by continuing education. You will want to make sure the activity meets all the requirements before including it in your list of activities for renewal by continuing education.
    - Keep a copy of the activity’s outline and/or program brochure in your file in case you need it when documenting the content specifically applicable to diabetes (e.g., a dietetic or nursing meeting with a non-specific title of “2009 State Conference” or a item such as “Prescribers Letter” – neither of these titles would not be specific enough to verify content is applicable to diabetes when you are reporting the hours. You will want to review the outline/brochure to report the appropriate content.
    - Mark the name of the recognized provider on your certificates or verification of attendance as the activities are completed if the organization offering the activities are accredited or approved by an organization on the Recognized Provider list. You may not be able to locate this important information when you are filling out the application several years later.
    - When completing the application, avoid using initials or acronyms for courses and providers, at least for the first time you list the course or provider.
    - Be certain that the continuing education offerings you wish to claim were completed within the allowed time frame.
    - If you opt for the Extended or Late Application Deadline Date, it is important to understand that you may accrue continuing education (and practice) hours up to the date of application submission. However, your accrual cycle for the next renewal will begin after the chosen deadline date.
    - Applications must be completed only in English and handwriting must be legible.
    - Courses must include a full title, not just a course number.
    - Submit a course outline with highlighted areas applicable to diabetes if it is not evident from the course title that it is applicable to diabetes, or include a brief description of how activity is applicable to diabetes. Do not submit course outlines or descriptions if it is clear from the title of the activity that it is applicable to diabetes.
    - Specify the number of hours being claimed if the entire activity/course is not applicable to diabetes (e.g., “10 hours/24 hrs total”). You may want to report sessions individually or include a program/course outline with applicable content highlighted.
    - In a multiple day workshop, claim only the number of hours claimed when the activity/course is specifically applicable to diabetes. Do not submit course outlines or descriptions if it is clear from the title of the activity that it is applicable to diabetes.
    - If you have more continuing education hours than the number required, it is advisable to report them. This will save the review committee from having to request more information if it isn’t clear that some courses were applicable to diabetes.
MESSAGE / Continued from page 1

We look forward to their enthusiastic participation in guiding the affairs of the Board. Now on to several initiatives and issues we want you to be aware of:

Our leadership for 2012 looks as promising as it has in the past. Carolyn Harrington, RD, LDN, CDE® will succeed me as Chair. Her extensive experience with the Academy of Nutrition and Dietetics will be an exceptional asset to our organization.

Now on to some highlights:

Outreach Campaign
As we continue to become more active in promoting our credential, I am very happy to announce that NCBDE has recently launched a new web site (www.ncbde.org). It is intended to be more dynamic and “user” friendly for our certificants, including the ability to review your basic certification information (last renewal date, expiration date).

The site also has a new “Living with Diabetes?” area that provides information to consumers about how a CDE® can help them manage their diabetes. It also allows individuals to search for CDEs in their area. Of course, for the search function to work, CDEs will need to enter (and maintain) their practice/program contact information on the web site. An email blast was sent out to all CDEs with an active email address the week of June 18 with instructions on how to access the CDE® Log In area and how to enter their practice information. If you did not receive the email message, you are encouraged to review the “Updated Web Site Launched” article on page 5 or visit the NCBDE web site and review the news article that outlines those instructions.

As we proceed with our outreach efforts, we will also initiate contacts with major payors to encourage recognition of the credential for purposes of reimbursement.

Advocacy
Last November our CEO Lance Hoxie and I, along with our government affairs consultant Wade Delk, visited a number of US Congressional offices to urge support of pending federal legislation that would add CDEs to the list of approved Medicare providers. Our conversations were productive and the congressional staff members were sensitive to the need for better initiatives to address diabetes and treatment. We plan to continue these visits and will also enlist your help in periodic mass communications to your representatives to urge support and passage of legislation that achieves the goal of better access to qualified diabetes educators.

As a follow-up to our previous statement on state licensure, we have developed, and published on our website, a Model Diabetes Educator Licensure Act. NCBDE neither opposes nor supports state licensure. Yet if a state and its constituents determine that licensure is warranted, this Model sets forth the essential criteria for approving an applicant for licensure. In particular, it outlines the same eligibility requirements as for CDE® certification and it also mandates that licensure applicants take and pass a psychometrically valid examination.

If you and your colleagues are involved in any licensure debate within your state, we encourage you to use the Model Act as a template for any program that is adopted.

Canons of Ethical Conduct
As an organization whose mission is to protect the public from practitioners inadequately educated and poorly trained to provide DSME to persons with diabetes, it is critical that we protect the integrity of the symbol of that mission—the CDE® credential.

To that end, at our June Board meeting, we adopted a set of Canons of Ethical Conduct and Policies and Procedures for the administration of those Canons. We will soon publish these documents on our website and will require that all CDEs agree, by attestation, that they will abide by these Canons.

Practice Analysis
In 2013, NCBDE will conduct a Practice/Job Analysis. This task is paramount to and is the underlying foundation of professional certification. The results not only define the scope of work of a diabetes educator but it serves as the primary resource for developing the certification examination.

We appreciate that your time is valuable to your patients and your organization, but if you receive this survey we would be most grateful if you devoted some of that valuable time to responding. Your answers and those of your fellow diabetes educators will shape the form and format of our certification program and examination for the next five years.

Finally, let me express the deep gratitude of the NCBDE Board of Directors for your commitment to quality DSME care for your patients. Your decision to earn and retain CDE® certification is a clear and visible testament to that commitment!

Best wishes for the remainder of 2012!

Sincerely,

Susanna M. Robinson, RPh, CDE®
Chair, NCBDE Board of Directors

CDE® Artwork Available

Camera-ready artwork of the CDE® logo is available to Certified Diabetes Educators at no cost from the NCBDE national office.

This artwork may be used by CDEs on their business cards, letterhead, or other stationery. Contact the NCBDE office (877-239-3233 or info@ncbde.org) to obtain your artwork.
**CDE® Record Update Form 2012**

NCBDE requests that all CDEs take a few minutes to complete this record update form in its entirety and return it via mail or facsimile as soon as possible. Return the completed form to:

NCBDE  
330 E. Algonquin Road, Suite 4 • Arlington Heights, IL 60005  
Fax: 847-228-8469

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<td><strong>CDE® number or last 4 digits of social security number</strong></td>
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<td><strong>Date of Birth</strong></td>
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<td><strong>Home Address</strong> (include street address, city, state, and postal code)</td>
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From time to time, NCBDE receives requests for lists of CDEs for purposes including employment opportunities, third party payers or research purposes. If you do **NOT** wish your name to be included on such lists, please check the box below. Thank you.

❑ **Do not include my name on lists.**

* This information is requested for contact and/or identification purposes only. It is considered confidential and is not made available to anyone requesting CDE® information.
In April 2011, NCBDE issued a Statement on Licensure of Diabetes Educators as a response to licensure efforts that were undertaken in Kentucky. That Statement set forth NCBDE’s policy that it neither supports nor opposes licensure. Rather NCBDE believes that it should be left to the wisdom of the State and its constituents to determine the necessity of establishing licensure requirements.

However, in light of the debate within the diabetes educator community about the merits of licensure, NCBDE believes that any law should clearly mandate certain requirements for licensure. Thus NCBDE has approved the following Model Diabetes Educator Licensure Act that embodies such requirements. This Model bill is intended to:

- Protect the integrity of the specialty of Diabetes Self-management Education (DSME) and support; and, more importantly;
- To protect the public from practitioners that are inadequately educated; poorly trained, and who have not demonstrated the competency to provide DSME by passing a psychometrically valid examination.

Please visit the web site to see the model bill (pdf document): http://www.ncbde.org/assets/1/7/ncbde_model_law_final_0705121.pdf.

REMINDER: Practice Requirement for Renewal of Certification in Effect

As announced in previous issues of NCBDE News and included on the web site, the NCBDE Board of Directors approved a practice requirement for renewal of certification and went into place with those CDEs who renewed in 2010. Individuals will need to document a minimum of 1000 hours of professional practice experience during the five-year certification cycle, in addition to either taking the Certification Examination or renewing by continuing education. The professional practice requirement for renewal of certification, however, is not the same as that required for initial certification. NCBDE recognizes that diabetes education is an evolving specialty and that experienced CDEs often assume roles other than the practice of diabetes self-management education required for initial certification. In addition, in 2010, the Board of Directors approved a further expansion of the definition to include volunteer activities. The expanded definition is shown below and went into place beginning with those CDEs who renewed in 2011.

Definition of Professional Practice
For purposes of recertification, practice means providing a direct or indirect professional contribution to the care and self-management education of people with diabetes.

What is Included in this Definition
This definition is intended to be as inclusive as possible of positions currently held by CDEs, including program development, program management, public health/community surveillance, volunteer activities, diabetes related research, clinical roles in diabetes industry, case management, professional education, consultant roles to industry or other providers, or others.

What is NOT Included
Employment in the manufacture, direct sales, or distribution of diabetes-related products or services in pharmaceutical or other diabetes related industries, or jobs or volunteer activities unrelated to diabetes will not meet the practice requirement.

The 1000 hours of professional practice experience must:
- Take place in the United States or its territories
- Be completed during the five-year certification cycle, between January 1 following the year of initial certification and/or recertification and the date of application for renewal, either by examination or continuing education

There is no requirement about how or when this must be accomplished, e.g., to complete 200 hours each of the five years, or to be practicing at the time or application.

What documentation do you need to provide to show you have accumulated at least 1000 hours of practice?
It is always prudent to keep detailed information for your personal records. In fact, if you plan to have someone verify your practice hours (if you are audited), you should check with them to see what would satisfy their need for detail. The good news, however, is that we no longer require you to document these hours in detail in the application for renewal. You will be asked to sign a statement that attests to meeting all of the current eligibility requirements, including the 1000 hour practice requirement. If an application is chosen for audit, you will need to have a supervisor (or for those in private practice, another qualified health care professional) sign a similar statement that confirms you have fulfilled the practice requirement. Of course, if you are renewing by the continuing education pathway, you will need to maintain copies of your continuing education credits/certificates in the event they need to be submitted as part of an audit.

For Those Unable to Meet the Practice Requirement
For CDEs who wish to maintain certification status but do not or cannot meet the practice requirement, there is only one renewal option. That method requires both successful completion of the Certification Examination and the 75 clock hours of continuing education requirement. During the five year period that certification is valid, if a CDE® has practiced less than the required 1000 hours, has taken employment unrelated to diabetes care and education, is on leave from employment or has retired, but still wishes to maintain certification as a diabetes educator, the requirements to hold a current, active unrestricted license or registration for the same discipline held at the time of initial certification and to demonstrate knowledge of current standards and practices by passing the examination and documenting relevant continuing education activities are required. No exceptions will be available.
Three CDEs Win at 2012 AADE Annual Meeting

Congratulations to the three CDEs who were winners of the NCBDE drawings held during the American Association of Diabetes Educators Annual Meeting in Indianapolis this year. These CDEs will be able to renew certification without paying the $250 fee, which is being waived by NCBDE.

- Laura Harris, RD, CDE®, Tennessee
- Deb Kulbacki, RN, CDE®, Ohio
- Karen Lane, RN, CDE®, Maine

Buttons were mailed to over 1,400 CDEs who had pre-registered for the meeting and a number of CDEs stopped by the NCBDE exhibit booth to pick up a button on-site. Many CDEs dropped by the booth to deliver their tickets for the drawings.

We look forward to seeing you all again next year in Philadelphia!

OPTIONS / Continued from page 8

Continuing education activities:
- must be approved by a provider on the NCBDE List of Recognized Providers.
- must be applicable to diabetes. All subject matter on the Certification Examination Content Outline published in the current Certification Examination Handbook for Diabetes Educators is considered applicable to diabetes.
- must be completed as defined by the renewal by continuing education cycles policy. (All continuing education activities must be completed prior to submitting the application.)
- must be at a professional level that enhances the quality and effectiveness of diabetes self-management education practice.
- do not have to be discipline specific nor do they have to come from any specific area of concentration, e.g., social workers may attend a nursing program applicable to diabetes and use those clock hours for renewal of certification.

Activities not acceptable for renewal of certification by continuing education:
- Academic courses
- Certification/credentials awarded
- Elected office or serving on Boards and/or Committees
- Articles or books written by the certificant
- Journal clubs or professional reading
- Presentations or lectures by the certificant
- Posters or poster sessions and exhibits
- Preceptorships or mentor hours
- Research
- Volunteer activities

Recognized Providers
The list of recognized providers is available in the 2012 Renewal of Certification by Continuing Education Handbook, on the web site or by contacting the office at 877-239-3233 or 847-228-9795.

Only continuing education applicable to diabetes and offered by a provider on the NCBDE List of Recognized Providers. Continuing education applicable to diabetes provided by accredited academic institutions granting degrees related to professional practice may be submitted. The academic institutions (colleges and universities) must be accredited by nationally recognized regional accrediting bodies.

(*Several state licensure boards require continuing education for renewal of licensure. Acceptance by a state board of licensure does not guarantee that a continuing education program meets NCBDE criteria. The continuing education must be applicable to diabetes and the licensing board must be approved or accredited by a provider on the NCBDE List of Recognized Providers.)

Continuing Education Hours (Clock Hours)
NCBDE requires only the actual time spent on subject matter applicable to diabetes be reported, not the number of contact hours, units or credits awarded by the recognized provider. Continuing education activities must be reported in clock hours, i.e., the actual time spent on the continuing education activity, not contact hours, credits, or units awarded by the recognized provider. One clock hour equals 60 minutes. In some professions, a 60-minute hour is equivalent to 1 contact hour, i.e., 60 minutes equals 1 contact hour.

If a recognized provider awarded 2 contact hours for an activity that was 2 hours in length, 2 clock hours would be reported to NCBDE for that activity. The clock hours submitted cannot be more than the number of contact hours/credits/units awarded by the recognized provider.

For presentations, participants may include in the time to be counted as clock hours the course overview/introductions, educational presentation, and questions and answers. Time may not be counted for general announcements, breaks, lunch, exhibits, etc. For self-study programs (on-line or written booklets), participants may count the actual time spent on completing the activity.

Other Information
The course title should provide an indication of the content of the course. A brief description of content (or course outline or brochure) should be attached when the course title does not indicate course content.

Individuals are welcome to make use of the Continuing Education Tracking area that is available on NCBDE’s web site after logging into the CDE® Log In area of the site. You can access this area of the site from the home page (ncbde.org). Choose the CDE® Log In menu option at the top of screen on the left-hand side of page. You may also access it by choosing the “CDE® Log In” item on the drop down menu option of the “Currently Certified” menu located on the right-hand corner of most pages of the ncbde.org web site. Please note that you will need your certificate number handy to log in to this area of the site for the first time.

Individuals who choose to renew using the continuing education option should maintain a file of verifications of attendance or other supporting documentation verifying participation for each continuing education activity. When renewal is due, the CDE® will be required to complete a current Application by the deadline date, including a “Summary of Continuing Education Activities” form. Submission of the verifying documents will not be required except for those choosing the late deadline option, but all applications are subject to audit. If selected for audit, copies of certificates of completion, verifications of attendance, and/or other supporting documentation verifying participation for each continuing education activity will have to be submitted.
Complete and submit this order form to receive additional/replacement CDE® certificates or wallet cards. Orders take approximately 4-6 weeks.

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<tr>
<th>Item</th>
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Subtotal = _____
9.25% Sales Tax (Illinois Only) = _____
TOTAL = _____

Print or type only:
Name: ___________________________ Phone (area code): ________________________
CDE #: ___________________________ Expiration Date: __________________________
Address:________________________________________________________
City, State and Zip Code: ________________________________

Full payment is required.

Check one:  □ Check or money order enclosed, payable to NCBDE
□ Visa/MasterCard/AMEX (circle)  Card #______________________________
Expiry Date (MM/YY) _____________ Total Amount (must be $15 or more): ____________
Signature: _______________________

Send the completed form and payment to:
NCBDE
330 E. Algonquin Road, Suite 4
Arlington Heights, IL 60005
Fax: 847-228-8469

Office Use Only: CDE# verified: __________ Exp Date verified: ________ Check # ________ P or C
IN THIS ISSUE

1 Message from the Chair
2 Mentorship Program Moving Along
5 Updated Website Launched
6 Due to Renew in 2012?
7 Summary of the 2011 Certification Examination and Renewal of Certification by Continuing Education
8 Examination Committee Says Goodbye and Hello
8 Renewal of Certification by Continuing Education Option
9 New Officers Elected
9 Renewal of Certification by Continuing Education Tips
13 Model Diabetes Educator Licensure Act Published
13 REMINDER: Practice Requirement for Renewal of Certification in Effect
14 Three CDEs Win at 2012 AADE Annual Meeting

2012 CALENDAR

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<thead>
<tr>
<th>NCBDE EVENT/DEADLINE DATE</th>
<th>LOCATION</th>
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<td>NCBDE Exhibit – American Association of Diabetes Educators Annual Meeting</td>
<td>Indianapolis</td>
<td>August 1-4</td>
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<td>Application Filing Deadline Date – Fall 2012 Exam</td>
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<td>September 15</td>
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<tr>
<td>Standard Application Filing Date – 2012 Renewal of Certification by Continuing Education Deadline</td>
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<td>September 17</td>
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<td>NCBDE Exhibit – Academy of Nutrition and Dietetics Food &amp; Nutrition Conference &amp; Expo</td>
<td>Philadelphia</td>
<td>October 6-9</td>
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<td>Extended Application Filing Date – 2012 Renewal of Certification by Continuing Education Deadline</td>
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<td>October 15</td>
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<tr>
<td>NCBDE Board of Directors Meeting</td>
<td>Chicago area</td>
<td>October 20-21</td>
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<td>Fall 2012 Certification Examination for Diabetes Educators Examination Window</td>
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<td>November – December</td>
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<tr>
<td>Late Application Filing Date – 2012 Renewal of Certification by Continuing Education Deadline</td>
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Practice Examination Available

A practice examination (PE) is available. The PE is designed to provide candidates with a meaningful resource as they prepare to take the Certification Examination (Examination). It is purchased and administered over the internet through a division of Applied Measurement Professionals, NCBDE’s testing agency (http://store.lxr.com/dept.aspx?id=71).

The PE is intended to give Examination applicants an understanding of the type and format of items used on a particular Examination and to practice taking an abbreviated version of the Examination. The questions were selected from the NCBDE item bank in proportion to the number of items in each content area of the major outline headings and subheadings within the major content headings of the Examination Content Outline. The questions are also representative of the three cognitive levels used in the Examinations, i.e., recall, application, and analysis. Just like Examination score reports, the score report for the PE provides totals of correct answers related to the major areas of the content outline. It will not include details on the specific items answered incorrectly. The PE includes a total of 50 questions and the fee to take the PE is $55.

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